

Come join us for the 25th annual OA retreat

SPONSORED BY ROSWELL, GA GROUP

OCTOBER 2-4, 2020

WORK THE 12 STEPS USING THE BIG BOOK

LED BY MALE FROM CANADA WITH LONG TERM ABSTINENCE

BLESSED TRINITY SHRINE RETREAT CENTER

107 HOLY TRINITY ROAD

FORT MITCHELL, AL 36856



The Blessed Trinity Shrine Retreat is located in Alabama just across the river from Columbus, Georgia in Fort Mitchell, a town formerly known as Holy Trinity, Alabama. The facility, built in 1965, is located on 1200 acres of woodlands bordering the Chattahoochee River, and includes wooded walking paths, gazebos, a pond, and a grotto. For more information about the facility and directions, visit http://www.msbt.org/btsr_brochure.pdf or www.findthedivine.com/retreatcenter/holytrinity/home.html.



NOTE: Although the retreat center is located within the Central time zone, the center and retreat run on Eastern time. Note that because the facility is between cell phone towers, the time on cell phones sometimes flips back and forth between Eastern and Central time. **Note also that only Verizon cell phones work inside the facility; others like AT&T may work outside.**

Directions:

From Atlanta

85 S to 185 S to Exit 10. 80 W to end. Left on 280/431 S. 431 S to 165 S. Go 14 miles to County Rd 54. Turn left and take next right to BTSR.

From Montgomery

85 N to Phenix City/Opelika #431 (Exit 62). Take 431S through Phenix City to 165 S. Go 14 miles to County Rd 54. Turn left and take next right to BTSR.

From Dothan

431 N to 165 N. Go 18 miles to County Rd 54. Turn right and take next right to BTSR.

From Tallahassee

27 N to 84 W to Dothan. Take 431 N to 165 N. Go 18 miles to County Rd. 54. Turn right and take next right to BTSR.

REGISTRATION FORM

PLEASE MAKE YOUR CHECK OR MONEY ORDER **FOR \$50**, PAYABLE TO **OA** AND **MAIL WITH THIS FORM TO:**
 JANET O'ROURKE – 151 VILLAGE TRACE, WOODSTOCK, GA 30188 (678-409-5174)

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

EMAIL: _____ **AMOUNT ENCLOSED** _____

PHONE: _____ **NAME FOR NAME TAG** _____

SPECIAL FOOD NEEDS: vegetarian vegan gluten intolerant

Check if interested in carpooling.

Check if you have a suite-mate preference and include name _____

Registration:

Full retreat: \$200 if postmarked by Aug. 15

\$210 if postmarked after Aug 15

Rooms can be reserved by sending a non-refundable deposit of \$50 or by sending the full amount.

*NOTE: For those who elect to send only a deposit to reserve a room, **the balance is due by August 30.***

Refunds and Cancellations:

Please call Janet at 678-409-5174 if you have to cancel. **Refunds minus a \$50 non-refundable processing fee will be made until September 15th. After September 15th, your registration fee will be returned only in case of sickness or family emergency,**

Meals:

5 meals are provided cafeteria style, beginning Saturday morning. Plan on bringing your meal, or stopping to eat on the way **Friday. Please be responsible for your own food plan additions or adjustments.** A microwave and dorm size refrigerator in the dining area and small refrigerator in the foyer of Faith wing are available and accessible 24/7. **Note: No dinner will be provided or available Friday night.**

Accommodations:

Lodging consists of 40 private rooms with single beds; bathrooms with tub/shower are shared with one adjoining room (both entrance door and bathroom door are lockable). All rooms have individually controlled A/C and heat. Linens, towels, and washcloths are provided. **No clocks are provided, so bring your own alarm clock if desired.**

The retreat center houses a gift shop onsite.

NOTE: The retreat runs on EST.

FRIDAY, OCTOBER 2ND

5:00 – 7:30 pm	Check-in/settle in
7:30 – 8:00	Welcome and information regarding the weekend. Introduce Speaker
8:15 – 9:30	Speaker's story and the beginning of Step One
9:45	Guided meditation (For those who want to participate) (Need leader)

SATURDAY, OCTOBER 3RD

6:45 – 7:30 am	Sunrise OA meeting (Will need leader)
7:30	Cold cereal and coffee available
8:00 – 8:45	Hot breakfast available
9:00 – 11:45	Speaker – Steps One, Two and Three and Introduction to Step Four
12:00 pm	Lunch
1:00 – 2:30	Interactive Step Four
2:30 – 2:45	Break
2:45 – 4:00	Steps Five, Six, Seven, Eight, and beginning of Step Nine
4:00 – 5:30	Free time
5:30	Supper
6:30 -7:30	Steps Nine and Ten
7:30 – 8:30	Interactive workshop on Developing a Plan of Eating (Optional)
8:45	Candlelight OA Meeting

SUNDAY, OCTOBER 4TH

6:45 – 7:30 am	Sunrise OA meeting (Will need leader)
7:30	Cold cereal and coffee available
8:00 – 8:45	Hot breakfast available
9:00 – 10:30	Steps Eleven and Twelve
10:45 – 11	Break
11-12	Circle sharing – closing remarks
12:00 pm	Lunch and departure