

Come join us for the 23rd annual OA retreat

STORIES OF RECOVERY

SPONSORED BY ROSWELL GROUP OA

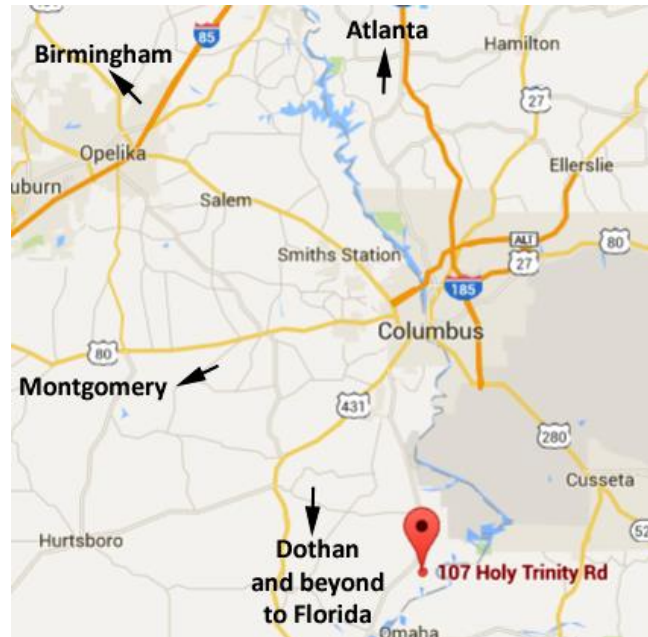
September 21-23, 2018

BLESSED TRINITY SHRINE RETREAT CENTER

**107 HOLY TRINITY ROAD
FORT MITCHELL, AL 36856**



The Blessed Trinity Shrine Retreat is located in Alabama just across the river from Columbus, Georgia in Fort Mitchell, a town formerly known as Holy Trinity, Alabama. The facility, built in 1965, is located on 1200 acres of woodlands bordering the Chattahoochee River, and includes wooded walking paths, gazebos, a pond, and a grotto. For more information about the facility and directions, visit http://www.msbt.org/btsr_brochure.pdf or www.findthedivine.com/retreatcenter/holytrinity/home.html.



NOTE: Although the retreat center is located within the Central time zone, the center and retreat run on Eastern time. Note that because the facility is between cell phone towers, the time on cell phones sometimes flips back and forth between Eastern and Central time. **Note also that only Verizon cell phones work inside the facility; others like AT&T may work outside.**

Directions:

From Atlanta

85 S to 185 S to Exit 10. 80 W to end. Left on 280/431 S. 431 S to 165 S. Go 14 miles to County Rd 54. Turn left and take next right to BTSR.

From Montgomery

85 N to Phenix City/Opelika #431 (Exit 62). Take 431S through Phenix City to 165 S. Go 14 miles to County Rd 54. Turn left and take next right to BTSR.

From Dothan

431 N to 165 N. Go 18 miles to County Rd 54. Turn right and take next right to BTSR.

From Tallahassee

27 N to 84 W to Dothan. Take 431 N to 165 N. Go 18 miles to County Rd. 54. Turn right and take next right to BTSR.

REGISTRATION FORM

PLEASE MAKE YOUR CHECK OR MONEY ORDER PAYABLE TO **OA** AND MAIL WITH THIS FORM TO:
JANET O'ROURKE – 151 VILLAGE TRACE, WOODSTOCK, GA 30188

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____ AMOUNT ENCLOSED _____

PHONE: _____ NAME FOR NAME TAG _____

SPECIAL FOOD NEEDS: vegetarian vegan gluten intolerant _____

Check if interested in carpooling; an email listing interested parties will be sent in early Sept to facilitate ride sharing

Check if you wish to share your name, address, phone #, and email with retreat attendees for continued contact post-retreat

Check if you have a suite-mate preference and list their name _____

Registration:

Full retreat: \$185 if postmarked by Aug. 5

\$195 if postmarked after Aug. 5

Rooms can be reserved by sending a non-refundable deposit of \$35 or by sending the full amount.

*NOTE: For those who elect to send only a deposit to reserve a room, **the balance is due by August 30.***

Refunds and Cancellations:

Please call Janet at 678-445-8102 or 678-409-5174 if you have to cancel. Refunds minus a \$35 non-refundable processing fee will be made until September 8th. After September 8th, your registration fee will be returned only in case of sickness or family emergency,

Meals:

5 meals are provided cafeteria style, beginning Saturday morning. Plan on bringing your meal, or stopping to eat on the way **Friday. Please be responsible for your own food plan additions or adjustments.** A microwave and dorm size refrigerator in the dining area and small refrigerator in the foyer of Faith wing are available and accessible 24/7. **Note: No dinner will be provided or available Friday night.**

Accommodations:

Lodging consists of 40 private rooms with single beds; bathrooms with tub/shower are shared with one adjoining room (both entrance door and bathroom door are lockable). All rooms have individually controlled A/C and heat. Linens, towels, and washcloths are provided. **No clocks are provided, so bring your own alarm clock if desired.** The retreat center houses a gift shop onsite, and OA literature will be available for sale all weekend in the main meeting room.

AGENDA (Participation is optional for all activities)

NOTE: Retreat runs on Eastern time

Friday, Sep 21

5:00-7:45 Check-in /settle in. **Please, no early arrivals**

7:45-8:45 Welcome and Introductions

Explanation of the agenda

9:00 Guided meditation

Saturday, Sep 22

6:45-7:45 Sunrise OA meeting, yoga, or other activity

7:30 Cold cereal and coffee available

8:00 Hot breakfast

9:15-11:45 Two speakers share their stories- (break in between) Each followed by sharing

12:00 Lunch

1:00-2:30 A speaker shares story – followed by sharing

2:30-2:45 Break

2:45-3:45 A speaker shares story followed by sharing

3:45-5:30 Free time

5:30 Supper

7:00-8:30 Group fun time

8:45-9:45 Candlelight OA meeting

Sunday, Sep 23

6:45-7:45 Sunrise OA meeting, yoga or other activity

7:30 Cold cereal and coffee available

8:00 Hot breakfast

9:00-10:15 A member shares story followed by sharing.

10:30-11:50 Round-table sharing – closing remarks

12:00 Lunch and departure

For More Information Contact: Janet - 678-445-8102 or

Linda - 404-578-4886